What to do when sexual abuse is suspected in a pre-pubertal child.

Pre-pubertal children may present with a history of inappropriate touch to the genital area by another person. Complaints may range from genital discomfort, fondling, oral/genital contact or genital/genital contact.

History

Complete history, including:

- _____ Caregiver concerns related to sexual abuse
- _____ Disclosures from child
- _____ Behavioral concerns
- _____ Reported perpetrator (child, adult, relative)
- _____ Type of contact by reported perpetrator
- _____ Date / time of last possible contact by perpetrator

Do not discard clothing or clean patient if forensic evidence collection is planned.

Physical

Complete physical examination, especially:

- _____ Inspection of all body parts and thorough skin exam
- _____ Oral examination (lip, tongue, buccal) to look for frenula tears, palatal petechiae, or dental injuries
- _____ Complete genital examination to look for signs of acute injury or other abnormalities

Consults

- _____ Hospital Social Work
- _____ Gynecology consult if acute vaginal bleeding and possible need for EUA
- _____ Surgery consult if significant rectal bleeding and potential for rectal perforation
- _____ SANE (Sexual Assault Nurse Examiner) and Advocacy services

Diagnostic tests

Routine tests:

- _____ Dirty catch urine specimen or vaginal gen-probe for GC and Chlamydia
- Cultures for STI's GC and Chlamydia cultures for anal specimens and a GC culture for pharyngeal specimen

Consider:

- _____ CBC with platelets, LFTs, CMP Hepatitis B surface antibody and surface antigen, Hepatitis C antibody, HIV, and an RPR or VDRL
- _____ Forensic Evidence Kit per SANE consult if last contact within 96 hours
- _____ Stool guaiac for occult blood
- _____ Urinalysis and urine culture if symptoms also consistent with UTI

Medications

Consider:

_____ HIV post-exposure prophylaxis if genital to genital contact within 36 hours or if acute injuries are present whether or not consistent with history

For more Testing and Treatment information: http://www.champprogram.com/pdf/Testingand-Treatment.pdf

Documentation

- _____ History obtained, from whom and to whom
- _____ Physical findings with drawings and measurements
- _____ Tests ordered and performed and results
- _____ Consults requested (Social Work, CPS, SANE)
- _____ Documentation of genital findings
 - For females, document hymenal configuration, presence or lack of cuts, tears, abrasions, ecchymotic areas, visible discharge, or bleeding.

Avoid using term "hymen intact."

- _____ Use of photographic documentation by SANE
- _____ Impression: suspected sexual abuse

Do not document "No evidence of sexual abuse."

Reporting

Call Child Protective Services Hotline 1-800-635-1522 to make a report.

- _____ Ask them to check if there are other children in the home. They should be evaluated by either their PMD or a child abuse expert.
- _____ Ask for a scene investigation, if necessary.

As a licensed professional, you are required to report suspected abuse. A referral to a child abuse expert is not the same as a Hotline report to Child Protective Services.

At discharge from the ED or hospital

- _____ Refer patient to a child advocacy center or child abuse expert.
- _____ Refer patient to a pediatric infectious disease office, if appropriate for follow-up of HIV test results and/or HIV PEP.

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